ADHD Resources

Local Resources

UF Children’s Medical Center Developmental Childhood Specialist
Dr. Siraj Siddiqi, MD
Pediatrics at Schiebler CMS Center (UFP)
1701 SW 16th Ave Bldg A
Gainesville FL 32608
(352) 392-4195
Specializes in:
Attention-Deficit Hyperactivity Disorder (ADHD), Autism, Child Development, and Sleep Disorders

Meridian Behavior Healthcare
4300 SW 13th St
Gainesville, FL 32608-4006
(352) 374-5600
Offers a full spectrum of services:
Acute Care Services, Extended Care Service, Case Management, Addiction Services, Children’s Service, and Adolescent Services
Accepts Medicaid

Clinical Psychology Associates of North Central Florida
2121 NW 40th Terr. Ste B.  3002 SE 1st Ave. Bldg. 300
Gainesville, FL 32605  Ocala, FL 34471
Ph: (352) 336-2888  Ph: (352) 629-1100
Offers services in psychological and neuropsychological assessment and treatment
Group therapy and individual services offered to children and adolescents with ADHD or LD

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) of Alachua County
Gainesville Office: 352-374-9873
Offers support and education for parents who have children with ADHD

Local Psychologists:
Dr. Brent Mruz, PsyD Ocala 352-351-4940
Dr. Karen Fattorso, PhD, LCSW, LMFT 352-854-5946

National Resources

Resources for families of children with attention deficit hyperactivity disorder
Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD)
CHADD is a national advocacy organization for individuals affected by AD/HD and organizes local chapters for information and support.
www.chadd.org

National Alliance for the Mentally Ill (NAMI)
NAMI is a national advocacy organization for individuals affected by mental illness. NAMI provides general information and support opportunities for many mental illnesses.
www.nami.org
National Attention Deficit Disorder Association (ADDA)
ADDA is a non-profit, national organization that advocates for the needs of AD/HD individuals and their families. ADDA is a resource for a variety of information and current research and policy updates.
www.add.org

National Institute of Mental Health (NIMH)
The NIMH held a consensus conference on AD/HD in 1998. The consensus statement and information for families are available:
consensus.nih.gov/cons/110/110_statement.htm
www.nimh.nih.gov/publicat/adhd.cfm

The United States Department of Education
The United States Department of Education, Office of Special Education Programs provides information on educational policy and research related to ADHD.
www.ed.gov/about/offices/list/osers

The Society for Developmental and Behavioral Pediatrics
The Society for Developmental and Behavioral Pediatrics provides copies of handouts for parents (eg, behavior rating scales, medication symptom check list).
www.dbpeds.org/handouts

The American Academy of Child and Adolescent Psychiatry (AACAP)
The American Academy of Child and Adolescent Psychiatry provides fact sheets about AD/HD.
www.aacap.org/publications/factsfam/noattent.htm

Attention Deficit Disorder Resources
223 Tacoma Avenue, South, #100
Tacoma, WA 98402
1-253-759-5085
http://www.addresources.org

Recommended Reading for Children

Kathleen G. Nadeau, Ellen B. Dixon, and Charles Beyl

Michael Gordon

John F. Taylor

Joey Pigza Loses Control (2005)
Jack Gantos

50 Activities and Games for Kids with ADHD (2000)
Patricia O. Quinn (Editor)
Beth Walker

**Recommended Reading for Adults**

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents
Russell Barkley

Robert Brooks and Sam Goldstein

Attention Deficit Disorder: The Unfocused Mind in Children and Adults (2006)
Tom Brown

Teenagers with ADD and ADHD: A Guide for Parents and Professionals
Chris Dendy

A Bird’s-Eye View of Life with ADD and ADHD: Advice from Young Survivors (2003)
Chris Dendy and Alex Dendy

Peter Jensen

Clare Jones

Kids in the Syndrome Mix of ADHD, LD, Asperger’s, Tourette’s, Bipolar, and More!
The One-Stop Guide for Parents, Teachers, and Other Professionals (2005)
Martin Kutscher, Tony Attwood, and Robert Wolff

Help4ADD@High School (1998)
Kathleen Nadeau

Putting on the Brakes: Young People’s Guide to Understanding Attention Deficit
Hyperactivity Disorder (2001)
Patricia Quinn and Judith Stern

The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention
Deficit Disorders (2003)
Sandra Rief

Parenting Children with ADHD: 10 Lessons That Medicine Cannot Teach
Vincent J. Monastra, Ph.D.

Straight Talk About Psychiatric Medications for Kids (revised edition)
Lara Honos-Webb

Twelve Effective Ways to Help Your ADD/ADHD Child: Drug-Free Alternatives for Attention-Deficit Disorders (paperback) (2000)
Laura J. Stevens

Thom Hartmann, Lucy Jo Palladino (Foreword), and Peter Jaksa (Afterword)

Susan Ashley